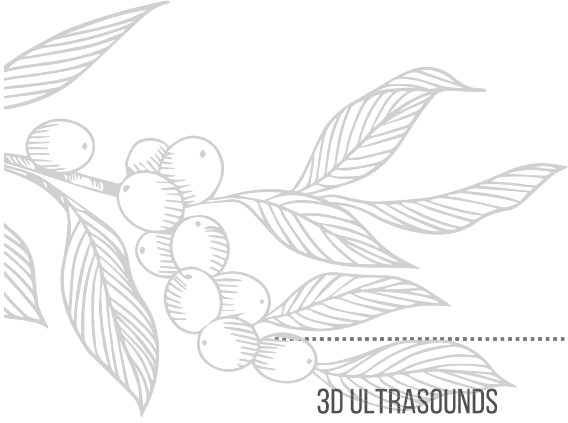




3D ULTRASOUNDS THE BUB SOCIETY

Located at We Gather Studio
Unit 7/8, 60 Russell Street Morley
Ph: 0450 630 580
Email: hello@thebubsociety.com
www.thebubsociety.com

The Bub Society is a modern 3D ultrasound clinic dedicated to conscious mothers in Perth. Changing the experience of pregnancy by removing any fears through the support of feminine energy and providing a safe community as you enter motherhood.

NATUROPATH ASHIMA LIVING

Contact: Sharee James
Email: sharee@ashimaliving.com
www.ashimaliving.com

Sharee is a naturopath, yoga instructor and mindfulness meditation teacher specialising in helping people to overcome anxiety, low mood and fatigue with a natural and holistic approach.

3D ULTRASOUNDS BEAUTIFUL BEGINNINGS

420 Joondalup Drive, Joondalup
6027 WA
Ph: (08) 6186 9231
admin@ultrasoundsperth.com.au
www.3dbabyperth.com.au

Beautiful Beginnings 3D Baby Ultrasound is a studio based in Perth's northern suburbs specialising in 3D/4D ultrasound scans as well as Newborn, Maternity and Family photography. Their friendly and experienced staff will guide you through this unique process allowing you the ultimate bonding experience.

MENS HEALTH AUTHENTIC MEN

Unit 1/51 Lancaster Road, Wangara

Contact: Davy Rowe 0413753163 or
Dan Hancox 0477190414
Email: team@authentic-men.com.au
www.authentic-men.com.au

At Authentic Men we help people connect to themselves and others. We offer specialist workshops, retreats and programs that are designed to help you on your path to success and to lead a happy and healthy life.

PREGNANCY SUPPORT WARRIOR WOMEN

Classes held in Perth's
Northern Suburbs
Contact: Deb or Fi

www.warriorwomenperth.com.au

At Warrior Women Perth we are passionate about empowering women through antenatal education. We are a mother and daughter team specialising in hypnobirth offering classes in small groups or privately.

WOMENS HEALTH INSPIRED BY YOU

Located in Perth Northern Suburbs

Contact: Angela Smith
info@inspiredbyyou.com.au
www.inspiredbyyou.net.au

Functional and integrative wellness takes a more comprehensive approach to understanding health by looking at how the body's systems work together, including nutrition, gut health, hormones, stress, sleep, lifestyle, and nervous system health.

FERTILITY SPECIALIST OASIS FERTILITY CENTRE

Located in South Perth &
Warwick
admin@oasisfertilitycentre.com.au
Ph: 1300 241 654
www.oasisfertilitycentre.com.au

Oasis Fertility Centre is where advanced technology meets affordability and personalised care. Dr Sunny and his team offer a holistic approach to fertility health care and IVF support, with the latest technology in their newly built lab and suites in South Perth.

MIDWIFERY JOONDALUP OBSTETRICS & GYNAECOLOGY

Located in Joondalup

Contact: Laura
Ph: 08 6244 6279
www.jogg.com.au/obstetrician-joondalup/midwife-joondalup/

Midwifery-led care through Joondalup Obstetrics and Gynaecology Group is a new and alternative pregnancy care option, led by midwives in private practice. It has the best of both worlds: You will feel empowered and excited about your transition to parenthood as well as having the certainty of your own experienced obstetrician at your birth.

SOUND HEALING VIBRANT HEALTH

Located in Wanneroo
info@vibranthealth.net.au
Contact: Kohra Hilderbrand

Ph: 0428 392 390

www.vibrant-health.net.au
FB: /vibranthealth1
Insta: /vibrant_health_perth

Kohra offers Kinesiology, as well as light and sound vibroacoustic therapy to promote healing and balance in the body.



IV INFUSIONS INTEGRATIVE IV

Mobile IV Service
Contact Di

0413 872 805

www.integrativeiv.com

Di specialises in supporting chronic health conditions, such as Cancer, to optimise healing and nutrient stability. Also a qualified colonic specialist at Ozone Wellness in Karrinyup.

LYMPH & SCAR SUPP LYMPHSCAR

Located at 7/2 Gemstone Blvd,
Carine

Ph: 9246 0287

www.lymphscar.com.au
admin@lymphscar.com.au

Specialised team of OT's supporting optimal health and wellbeing with lymphatic and scar support.

MASSAGE JUST4U WELLNESS

Located in Joondalup

0452 505 695

www.just4uwellnessclinic.com
Just4uwellnessclinic@gmail.com

Remedial, hot stone and other therapeutic massage from a team of therapists.

MASSAGE AURORA THERAPEUTIC

Unit 3/115 Grand Boulevard Joondalup

0459 290 235

puan@atmassage.com.au
www.atmassage.com.au

Remedial massage, lymphatic massage, and many other supportive massage therapies from a specialised team of practitioners.

PHYSIO & MASSAGE MULLALOO PHYSIO

31 Linear Ave, Mullaloo

(08) 9401 9735
reception@mullalooophysio.com
www.mullalooophysio.com

It is the longest established, owned and operated physiotherapy practice in Perth's Northern Suburbs. With modern treatment facilities feature an onsite pool, qualified physios and massage therapy with Liz Allen.

CHIROPRACTOR BIOTUNE

Unit 1/189 Lakeside Drive Joondalup

Ph: (08) 9301 2229
admin@biotunechiropractic.com.au
www.biotunechiropractic.com.au

Discover your greatest levels of wellness. Several qualified and well-respected chiropractors with keen interests in nutrition, health and the human body.

WELLBEING ELEMENT HEALTH

Unit 11/209 Warwick Road,
Duncraig

0448 045 077
www.elementcentre.com.au/locations/duncraig

\$50 off code: NatalieB8F6

Hyperbaric Chamber Oxygen Therapy and Red Light Sauna Therapy - wellbeing experts who can create an optimal health treatment plan.

WOMENS HEALTH EVOLVE WOMEN

Located in Joondalup

Contact Linda Wilson

www.evolvewomen.com.au

A considered space bringing together clinical care, education and collaborative support for women navigating fertility, pregnancy, motherhood and life's transition

NATUROPATH AMANDA COOPER

Located in Carine Glades Shopping Centre

Contact Amanda Cooper
0439 930 608

www.amandacoopernaturopath.com
Supporting beautiful souls on their health and wellness journey through a blend of nature's medicine and soulful guidance, using herbal medicine, diet and lifestyle, soul remembrance and bush flower essences.

Together, these modalities create a holistic path of healing where earth medicine meets soul medicine, helping you feel grounded, vibrant, and deeply connected to yourself.



TAI CHI

HEAVEN MAN EARTH

Classes held at various locations in
Northern Suburbs
Head Instructor: Julius Lutero

Ph: 0434 404 340
info@heavenmanearthperth.com.au
www.heavenmanearthperth.com.au

We provide Tai Chi classes where you can train all aspects of the internal Taijiquan system. Yang style adhering to the results based practical system and clear methods of Sifu Adam Mizner; the worlds foremost leader in teaching and demonstrating the internal skills of Taijiquan.

KINESIOLOGY

KELLIE LEE

Located in Malaga inside ArchRite
Podiatry

Contact: Kellie Lee
Ph: 0413 712 080
www.kellieleekinesiology.com.au

Kinesiology is a form of therapy that utilises the study of movement to look at imbalances that may cause disease within the body. Kinesiology treatment aims to detect and correct imbalances that can be related to stress, nutrition, or minor injuries.

BABY MASSAGE

INTUITIVE BABY MASSAGE

Located around Perth in various
locations

Contact: Jane Tetley
Ph: 0432 642 345
www.intuitivebabymassage.com.au
Email:
info@intuitivebabymassage.com.au

Baby massage is one of the greatest gifts you can share with your infant, Jane is here to help you learn this beautiful caring art.

CHIROPACTOR HILLARY'S CHIROPRACTIC

Located in Whitfords

Contact: Dr Lucy
Ph: (08) 9403 6433
Unit 1/51 Lancaster Road, Wangara

A holistic chiropractic with over 20
years experience.

Dr Lucy offers a practice where you
can feel seen and heard.

PREGNACY CENTRE YANCHEP PREGNANCY CLINIC

Located in Yanchep

Ph: 0414 714 661
yanchepmidwives.com.au

This centre offers safe,
evidence based midwifery
care with knowledgeable,
competent and confident
midwives.

DOULA SERENCE BIRTHS

Located in Clarkson, WA and
servicing the northern suburbs of
Perth

mel@serenebirths.com.au
Contact: Mel Howells
Ph: 0401 512 883
www.serenebirths.com.au
FB: /serene-births-perth
Insta: /serenebirthsperth

Serene Births, run by Mel Howells, is a
doula service which provides
individually tailored pregnancy, birth
and postpartum support.

YOGA & REIKI SEREN HOLISTIC LIFESTYLES

Various locations in the
Northern Suburbs

Contact: Kathryn Gregory
Ph: 0448 017 377

Kathryn is a Reiki Master &
Intuitive energy healer, as well
as a Yoga Instructor, who offers
space for anyone wishing to
create a soulful life.

Offering a heart felt webspace
and social pages to share in
her unique wisdom to help
others lead a life they love.

CHIROPACTOR BELRIDGE CHIROPRACTIC

Located in Beldon

Contact: Emily, Nancy or Ashleigh
Ph: 9401 0777
www.belridgechiropractic.com

Belridge Chiropractic has been
passionate about helping
community members live a better
life through customised
chiropractic care, pain relief and
optimal wellness. They look forward
to being of service to you.

SPIRITUAL HEALING CATE VOSE

Located in Nedlands
hello@catevose.com
Contact: Cate
Ph: 0413 318 881
www.catevose.com

Cate is an accredited Mental Health
Social Worker.

Her private practice offers individual
sessions to clients seeking support for
their mental health, wellbeing and
spiritual development.

She is driven by the conviction that
human flourishing is a natural by-
product of healing, integrating and
getting aligned with our own's soul's
sovereignty and purpose.

Cate offers Radiant Chi clients 20% off
their first visits,
using the code FWB Radiant Chi



NUTRITIONIST MY NUTRITION

Located in the northern suburbs

Contact: Susan Baker
Ph: 0488 254 899

kaysnutritional@gmail.com
www.my-nutrition.com.au

Susan is a qualified nutritionist and chef with a genuine passion for creating simple and tasty food. She specialises in helping individuals achieve improved nutrition as well as weight loss goals.

HYPNOTHERAPY HYPNOGENIE

Ph: 0400 517 470
amanda@hypnogenie.com.au
www.hypnogenie.com.au

Amanda is a medical hypnotherapist specialising in weight loss using the virtual gastric band program, managing chronic pain, anxiety, and relief from the symptoms of autoimmune disorders such as IBS. Be supported by a calm, highly qualified professional, and expect guidance to bring long lasting change.

REFLEXOLOGY FEEL GOOD THERAPIES

Based in Duncraig WA 6023
Contact: Karen Bishop
Ph: 0420 387 752

feelgoodtherapiesperth@gmail.com
www.feelgoodtherapies.com.au

Karen is a wellness trainer and practitioner that offers therapies in Reflexology & Indian Head Massage. She provides natural therapies that can assist women to feel more renewed & restored especially where they may experience problems with PMT, Fertility, Pregnancy or Menopausal issues.

WELLBEING OZONE WELLNESS

Suite 14-16, 86 Francis Avenue
Karrinyup

Ph: (08) 9200 6039
info@ozonewellness.com.au
www.ozonewellness.com.au

Overall wellness begins with good gut health. Ozone Wellness provides a wide range of professional unique natural therapies such as colonics, ozone therapy and red light.

SOUND HEALING TREMENDUS HEALTH

121 Naturaliste Blvd, Iluka WA
Contact: Andrew

info@treemendushealth.com
www.treemendushealth.com

Offering Sound Healing, breathwork and Naturopathy. Tremendus Health provides a tailored holistic approach to your health and well-being.

MIDWIFERY PERTH PREGNANCY

Located in Currumbine

Contact: Gaynor

admin@perthpregnancy.com.au
Instagram: @perthpregnancyclinic

Midwifery support – antenatal, postnatal and lactation support.
All bulk billed

NUTRITIONIST FOCUS NUTRITIONAL MEDICINE

2/26 Juna Dr, Malaga

Contact: Liza Ranelli
Ph: 0403 250 530
focusnutritionalmedicine@gmail.com
www.focusnutritionalmedicine.com.au

Focus Nutritional Medicine is an evidence-based practice that uses the latest scientific research along with nutritional biochemistry and functional testing to prevent and manage chronic diseases, mental health, gut disorders, autoimmune, general health and wellness, weight loss, oncology, fitness & sports nutrition.

HOLISTIC BEAUTY SKIN BY SARAH

Located in Beldon, Western
Australia

Contact: Sarah
Ph: 0408 934 351

sarah@skinbysarah.com.au
www.skinbysarah.com.au

Sarah is an internationally qualified Beauty Therapist, Cert IV Massage Therapist and Reiki Practitioner with nearly 20 years' of experience, who specialises in skin health and correctional therapies, delivering results driven treatments in a safe, holistic and relaxing style.

ORGANIC BEAUTY SPA GREENHOUSE STUDIO

Located in Claremont
Ph: 0473 888 390

www.greenhousstudio.com.au

Curated and clean beauty day spa
located in Claremont.



NATUROPATHY PERTH HEALTH & FERTILITY

Formerly City Beach Naturopathic
Centre

1 Oban Road City Beach

Ph: (08) 9285 0998

www.perthhealthfertility.com.au

Naturopathic support for womens
health and fertility.

NURTURING COACH DOMINIQUE FLETCHER

Dominique Fletcher

Based NOR in Tapping Area

Contact: Dominique
Ph: 0401 370 837
Instagram:
@heldbydominique

Meditation, breath work,
coaching, Dominique
looks to support woman on
their spiritual and professional
paths.

DENMARK ACUPUNCTURE ELEMENT HEALTH

Located in Denmark WA

5a Strickland Street, Denmark
Ph: (08) 9200 6039

Contact: Holly Caruthers
Paediatric Acupuncturist'

holly@elementhealth.com.au
www.elementhealth.com.au

Element Health provides Acupuncture
and Chinese Medicine treatments for
the children and adults in Denmark,
Western Australia.

DENMARK ACUPUNCTURE ACUPUNCTURE WITH MITCHELL

Based in Albany & Denmark Region

Ph: 0477 161 007
Email:

acupuncturewithmitchell@pm.me
www.acupuncturewithmitchell.com

Mitchell offers Traditional Chinese
Medicine in Albany and Denmark,
Western Australia. Sessions may
include acupuncture, fire cupping,
moxibustion, Chinese massage,
herbal supplements, and diet &
lifestyle advice. Health rebates
available.

ACUPUNCTURE ACUPUNCTURE & ORIENTAL THERAPIES

Located in Wanneroo

Daniel Bullock
Ph: 0451 611 532

www.app.acuutyscheduling.com/schedule/89da0241

Previous acupuncturist at
Radiant Chi, now practicing in
Wanneroo, with a focus in pain
management.

ACUPUNCTURE TCM DOULA

Located in Wanneroo

Sarah Brooks
Ph: 0409 080 933

www.tcmdoula.com.au

Previous acupuncturist at Radiant
Chi, now practicing in Wanneroo with
a focus in womens health, fertility
and pregnancy care. Sarah is a
registered acupuncturist, herbalist
and doula.

ACUPUNCTURE POINT RELIEF

Located in Kinross

Lorna Haenga
Ph: 0477 770 437

www.pointrelief.com.au

Previous acupuncturist at
Radiant Chi, now practicing
from a home based clinic in
Kinross, with a focus in pain
management.

FERTILITY ACUPUNCTURE ALBANY ACUPUNCTURE

Located in Albany, WA

Selina Giannasi

Ph: 0411 119 284

www.albanyacupuncture.com.au

Selina is
passionate, qualified and
committed to excellence of
practice. The clinic
fosters an environment where
healing, awareness and education
is supported on a physical,
emotional and psychological level.

CHINESE HERBS BESPOKE MEDICINE

Located in Belmont

Marie Hopkinson
Ph: 0402 638 084

www.bespokemedicine.net

Marie is an experienced Chinese
Medicine practitioner, both a herbalist
and acupuncturist, with a focus on
chronic and complicated conditions
using herbal formulas.